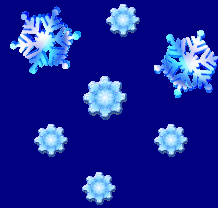


# Westboro Tennis and Swim Club

## January Events



**Sunday, January 1st**

**NEW YEAR'S DAY!** Special Hours 9am-6pm/No programs/No Group Exercise

**Tuesday, January 3rd**

Session 3 Tennis & Swim Lessons begin this week\*

**Saturday, January 7th**

**7th Annual Local Business Health & Wellness Expo at the Club on the basketball court in fitness. FREE to ALL!!**

**Monday, January 9th**

Session 3a Children's Programs begin this week\*  
Winter Tri Program begins (runs thru June 2nd)  
Group Weight Loss Program begins this week\*

**Tuesday, January 10th**

Session 3 of Master Swim Program Begins\*

**Saturday, January 21st**

Kid's Night Out 5:30—9:00pm.—Swimming, Gym Games & Pizza!\*

**Saturday, January 28th**

Doubles Tennis Social 7-10:00pm\*

**\*\*SEE REVERSE SIDE FOR KIDS CLUB CALENDAR\*\***

**Westboro Tennis and  
Swim Club**

35 Chauncy Street  
Westboro, MA 01581

Phone: 508-366-1222

[www.thewestboroclub.com](http://www.thewestboroclub.com)

Ongoing Events: Free 15 minute injury assessments from South County Physical Therapy: Please call SCPT directly at 508-389-9912 to request your appointment; Massage: Mondays & Fridays 9am-2pm, Tuesdays 3-8pm, Thursdays 12-5pm, and Saturdays 8am-2pm: in addition new Massage Therapist, Valerie Hutsell will be offering massages Monday & Wednesdays 3-8pm. Nutritional Services: Tuesdays 8-11am, Wednesdays 8am-8pm, Thursdays 2-8pm & Saturdays 8am—12pm. Sign up at the fitness desk for massage & nutritional sessions.

\* Please sign-up at the front desk



