



# Yoga Art



## ~A new kids Yoga Class at the Westboro Tennis & Swim Club

Now your little ones can enjoy a class which brings yoga and crafts together in one place. Your little ones can now experience how creative energy flows from heart to hands. The first part of each class will be yoga. From there students will be guided into arts and crafts projects which relate to the theme of the days yoga class. **This is a drop off class.**

**Who:** Children ages 3-6

**When:** Tuesdays – 4 week session

**Time:** 1:00-2:15 p.m.

**Cost:** \$45.00 (m)

**Where:** Group exercise room in the fitness center for yoga – then finish in the mezzanine for arts & crafts.

