

Leaps, Twirls, and Splash

In this fun and energetic class we will skip, twirl, and leap....stretch, shake, and smile! This is 45-minute class for preschoolers consisting of ballet, jazz, and creative movement. Dancers in this class will learn basic dance steps and will improve their balance, flexibility, and coordination. Class will consist of a mixture of age appropriate exercises, fun dances, and music. Classes may use props such as hula hoops, scarves or tambourines to inspire your dancer! Starting dance at a young age helps to grow confidence and teach healthy habits.

Following the dance portion of class, your child will enjoy a 30-minute Red Cross Swim Lesson.

Please note this is not a child and guardian class. Please have your child wear comfortable clothing that he/she can move around in. A leotard is not required but form fitting clothing is recommended.

Who: Preschool aged children 2.9-5 years

When: Mondays 9:30am-11:00am

Cost: \$225 (Member)

\$275 (Non-Member)

This is an 8-week session: 3/18/19-5/19/19



