



Move, Groove and Swim

These classes are jam-packed with smiles, laughter, singing and fun. Each class teaches age-appropriate motor skills that improve agility, balance, coordination, endurance, flexibility and speed . After the workout, your little one will cool off in the pool with a ½ hour multi-level Red Cross swim lesson. Every class is different and guaranteed to keep your little one moving. This is a drop off class.

Ages: 2.5-5 yrs.

9:30-11:00 a.m. either Wednesdays or Thursdays

Member: \$200 for 8 weeks

Non-Member: \$250 for 8 weeks

***will prorate if late to sign up!**

