



30 Oak Street  
Westboro, MA 01581  
(508) 366-1222

## Kids Club Parent Guide



Amy Rojas  
Children's Program Manager  
(508) 366-1222 ext. 32  
Ext. 28 for Kids Club direct line  
[Amy.Rojas@tsiclubs.com](mailto:Amy.Rojas@tsiclubs.com)

## Kids Club Hours of Operation

### Monday thru Thursday

8:30 a.m. - 8:00 p.m.\*

### Friday

8:30 a.m. - 3:00 p.m.

### Saturday & Sunday

8:00 a.m. - 1:00 p.m.

**If you have children 3 years old and under and would like to use Kids Club after 3 p.m. a reservation is required. Please call the Club and speak with a teacher at Kids Club to reserve your time. (508)366-1222 ext. 28.**

*\*\*The child care services being offered are not licensed by the Department of Early Education and Care or any other state agency.\*\**



Tree house climbing structure



Craft and snack area



Imaginative Play



Infant and Toddler Room

## KIDS CLUB RATES

Type of membership	# of visits included with membership per week	Kids Club Membership
Full Service Family Membership	Unlimited visits up to 2.5 hours per visit	
2 Sport Family Membership (Tennis & Swim, Tennis & Fitness, Swim & Fitness)	Unlimited visits up to 2.5 hours per visit	
1 Sport Family Membership (Tennis, Fitness or Swim)	Unlimited visits up to 2.5 hours per visit	
Any Single Adult membership	None included – regular kids club rates apply for each use <b>OR</b>	A Kids Club membership may be purchased for each child \$29/month. See membership for details.
Any Couple membership	None included – regular kids club rates apply for each use <b>OR</b>	A Kids Club membership may be purchased for each child \$29/month. See membership for details.
<b>OCCASIONAL CARE, Members ONLY</b> <i>**The child care services being offered are not licensed by the Department of Early Education and Care or any other state agency.**</i>	Up to <b>6 visits per month</b> , monitored through online sign up	

#kids/ hours ↓ →	1 hour	1 ½ hours	2 hours	2 ½ hours	3 hours
1 kid	\$6.00	\$9.00	\$12.00	\$15.00	\$18.00
2 kids	\$10.00	\$15.00	\$20.00	\$25.00	\$30.00
3 kids	\$14.00	\$21.00	\$28.00	\$35.00	\$42.00
4 kids	\$18.00	\$27.00	\$36.00	\$45.00	\$54.00

Non-Member Rate - \$7.00 per hour/per child

**Dug Out rate for children ages 7-13 yrs - \$5.00 fee for up to 2.5 hours.**

**\*this fee is included in family memberships**

## IMPORTANT FACTS YOU SHOULD KNOW ABOUT

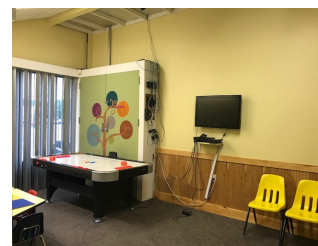
- ◆ Kids Club is an **allergy aware space**. We are not nut/peanut free. Please notify staff if your child has an allergy. Each child wipes their hands and faces after eating and the table and chairs are wiped down as well.
- ◆ **If your child has been ill, has had any fever or loose stools please keep him/her home for 24 hours after being symptom-free prior to returning to Kids Club.** This will help us greatly in keeping our facility healthy for everyone.
- ◆ Children may bring a snack and a drink or purchase a snack for \$1.00. Please let a teacher know at drop off if your child has a snack or if it is ok for your child to purchase one.
- ◆ Please notify the teachers if your child is potty training and may need assistance. Also please send a change of clothes in case of an accident.
- ◆ Please have children remove all shoes at the Kids Club entrance.
- ◆ All of our toys and play areas are disinfected daily.
- ◆ **You are not allowed to leave the premises at anytime that your child is at Kids Club.** If you would like to run or bike outside in the area surrounding the club please notify a teacher at drop off and provide a cell phone number.
- ◆ Infants must be at least **2 months old** in order to come to Kids Club. Please pack any necessary items such as diapering needs, snack, bottles, sippy cups etc...**Everything MUST be labeled with the child's name.**
- ◆ Parents may be called to pick up their child if a child is crying and inconsolable, becomes a disciplinary problem, or has toileting/diapering needs that we are not able to accommodate.
- ◆ Kids ages 7-12 years old will have access to the "Dug Out" at Kids Club. This is a room for the "older" kids and has an air hockey table, legos, games, a Wii, and a PlayStation.
- ◆ Kids Club staff will also be available to escort any child to and from Club programs, such as swim and tennis lessons. This service can be requested when your child is dropped off.
- ◆ We are not responsible for lost or stolen items. Lost & found is located by the main entrance.
- ◆ We pride ourselves on our staff retention. You will always see a smiling, familiar face at Kids Club!

## Welcome to Kids Club!

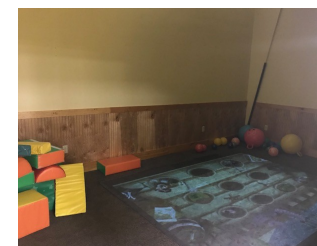
Thank you for choosing Westboro Tennis & Swim Club to promote a healthy lifestyle for you and your family. Kids Club allows your child to become independent, confident and social, as they become part of our family. Our staff is all CPR certified with years of experience.

It is our intention to provide a stress-free experience for you and your child. We recognize that you may be leaving your child for the first time and might have some anxiety about this. Or, you might be nervous just because this is a new experience for the family. This booklet will provide some guidelines that will ensure a comforting drop-off experience and a full understanding of how the Kids Club experience works. Please know that the staff is here to make your life easier and to assist you in any manner we can.

You will notice that we refer to our employees in Kids Club as "teachers." That is what they are to your children. They soothe when hugs are needed, they offer guidance when lessons need to be learned and they provide love to each friend that comes to Kids Club. While you enjoy much needed time for yourself, our job is to make sure that your child is cared for, creates friendships with others and excels within our environment.



Dugout for Kids age 7-12



Interactive EyePlay

## **TRANSITIONS CAN BE HARDER ON YOU THAN YOUR CHILD**

- ◆ If you anticipate separation issues with your child, we can help. It's important to keep your emotions in check as the child may sense your anxiety in coming to a new place, seeing new faces and creating new routines. All of this can be challenging. Here's some information that will be helpful:
- ◆ Start your time in Kids Club with just 15 short minutes for 3 consecutive days. Your child will catch on that you always come back!
- ◆ Follow this with an additional 10 minutes the next day, and so on.
- ◆ It is important to keep the routine the same and come as frequently as you can during this transition time. Also consider the time of day you will be utilizing us. If it is in the mornings then keep transitions in the mornings. Your child will become familiar with the teachers and children who are at Kids Club during those times.
- ◆ Most importantly, find a teacher that will be your "special" friend, use their name, bring us into your family discussions, and make us a part of your world. We will guarantee that your child becomes a part of ours.
- ◆ Also, make sure you tell the teacher in Kids Club how the child's day is going. Many times if we know that they are cutting a tooth, fell off a bike that afternoon, or simply "woke up on the wrong side of the bed," this information will help us to understand their personalities that given day.
- ◆ Most of all, it is important to remember to BE PATIENT!!! You will find that you are not the only one who has experienced this emotion of dropping off your child. Together we will get you and your child in the routine of using Kids Club!

If you need assistance or are feeling that things are not going the way you would like them to, please call Amy Rojas, Children's Programming 508-366-1222 ext. 32. Amy is here to oversee your transition and make sure you are able to get the most out of your time at Westboro Tennis & Swim Club.

## **The Drop Off**

- ◆ Arrive a few minutes before your scheduled class, tennis, or training. Often this reduces any potential uneasiness for you and your child, providing a relaxed drop off.
- ◆ Talk to your child prior to coming and tell them where they are going to play what you will be doing and that you will return shortly.
- ◆ It is important to realize that although you as a parent are ready to start coming to the gym for a work out, your child might not be.
- ◆ Please ask the teachers for assistance if you would like help in the drop off process. We intend to make sure that this goes smoothly and quietly.
- ◆ Once your child is settled in the proper area, please leave as quickly and quietly as possible.
- ◆ If your child is upset at drop off, then we will console them and try to take the tears away. If this is not possible within a reasonable period of time, we will use the information you provide upon check-in to locate you. After a brief adjustment period, you can look forward to a smooth transition.
- ◆ We ask that parents do not linger and "peek" in on their children once they have been dropped off. This can cause more anxiety for your child as well as other children in the center.

The goal of the kid's club staff is to work together with the parents to provide each child with a happy stay each time they come.