

WATER FITNESS



Summer Water Walking Schedule

June 16 – August 31

- Mondays, Wednesdays & Fridays
- 9:00** – 9:15 AM*
- Saturdays 8:30 – 9:30 AM

**Start time will change to 8:30 AM on Aug.4th.

Summer Water Fitness Schedule

June 16 – August 31

- Tuesdays & Thursdays
- 8:30 – 9:15 AM*

*End times will change to 9:30 AM after Aug.15th.

