



WTSC LIFEGUARD RE-CERTIFICATION CLASS

PURPOSE

To teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. The course content and activities prepare participants to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries.

PREREQUISITES

- Ø Hold a current American Red Cross Lifeguard certification
- Ø Swim 300 yards continuously
- Ø Starting in the water, swim 20 yards using the front crawl or breast stroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object, and exit the water without using a ladder or steps, within 1 minute, 40 seconds.

LENGTH

- Ø Approximately 3 hours (may be more depending on enrollment)

INSTRUCTOR

- Ø A currently authorized American Red Cross Lifeguarding Instructor who has met state qualifications, where required

CERTIFICATION REQUIREMENTS

- Ø Demonstrate competency in all required skills and activities
- Ø Demonstrate competency in all the three final skill scenarios
- Ø Correctly answer at least 80 percent of the questions in the three sections of the final written exam

CERTIFICATE ISSUED AND VALIDITY PERIOD

- Ø Lifeguarding/First Aid: 2 years
- Ø CPR/AED for the Professional Rescuer: 2 years

RE-CERTIFICATION DATES: (CLASSES ARE FROM 12:00PM-3:00PM)

- Ø Sunday - February 21st, 2021
- Ø Sunday - March 21st, 2021
- Ø Sunday - April 25th, 2021
- Ø Sunday - May 23rd, 2021

Member Rate: \$125

Non-Member Rate: \$175