



WATER WALKING

Designed to give participants their choice of individual water fitness; such as water walking or your own fitness water workout in deep water or the shallow end of the pool. This is self directed.

Monday, Wednesday, Friday, & Saturday
9:00am-10:00am



35 Chauncy St. Westborough, MA 01581 | 508.366.1222 | info@wtsc.com
thewestboroclub.com