



Fitness Program Pricing

Personal Training Membership

*3 Month Commitment

| Sessions | Total Cost | Cost/Session |
|-------------------|-------------|--------------|
| 12 Sessions/month | \$780/month | \$65.00 |
| 8 Sessions/month | \$540/month | \$67.50 |
| 4 Sessions/month | \$280/month | \$70.00 |



Personal Training Packages

| Sessions | Total Cost | Cost/Session |
|--------------|------------|--------------|
| Singles | \$85.00 | \$85.00 |
| 8 Pack | \$640.00 | \$80.00 |
| 12 pack | \$900.00 | \$75.00 |
| 24 Pack | \$1,680.00 | \$70.00 |
| Youth 5-Pack | \$325.00 | \$65.00 |

Does your routine need updating, are you stuck in the same workout plan, or you're just not seeing any results? Just one session with a trainer can revitalize your workout. We offer a variety of customized training options to fit your budget, including one-on-one, semi-private, or small group training.

For more information, please contact: Rick Bounds at rbounds@wtsc.com or by calling 508.366.122 ext: 34