



Happy Thanksgiving

THANKSGIVING HOURS

November 25th - Thursday

Operating Hours: 7am-10am

Kids Club is Closed

No Programs or regular Group Exercise

Offering Special Thanksgiving BootCamp Style

Calorie Burn (see below)



1500 CALORIE CHALLENGE

On average, Americans consume 1500 or more calories on Thanksgiving Day than their normal daily caloric intake. Join us for the 1500 Calorie Challenge prior to your Thanksgiving feast!

LOCATION: BASKETBALL COURT | TIME: 9AM-10AM | AGES: 14+



THERE WILL BE ROLLING START TIMES, SO PLEASE ALLOW 30-45 MINUTES TO COMPLETE BY 10AM. NO SIGN UP NEEDED!

FOOD DRIVE

Give back to our community by donating canned/dry foods. We will have donation bins at the pool and in the lobby of the main building. You can also bring in \$5 cash or charge your account for a \$5 donation (or more, if you wish).

WTSC will donate all proceeds for the day including guest fees and court fees to the Westboro Food Pantry.