

## **Holiday Observation Schedule**

Please visit our website [www.thewestboroclub.com](http://www.thewestboroclub.com) for current holiday hours.

## **Vacation Schedule**

Winter Vacation Dec. 21 - Jan. 1 Open / Vacation Camp / No Programs / Reg. Group-X  
 February Vacation Feb. 15 - Feb. 21 Open / Vacation Camp / No Programs / Reg. Group-X  
 April Vacation Apr. 19 - Apr. 25 Open / Vacation Camp / No Programs / Reg. Group-X

\* Jr. USTA, ITP I, ITP II, & Swim Team practices may be running during holidays and vacations.  
 Please check with your coach/instructor.

## **Membership**

We offer several membership options to suit your budget and interests including individual, couple, family, junior or student membership at Westboro Tennis & Swim Club. Call our membership department today at 508-366-1222 for more information on club memberships. We would be happy to discuss your options over the phone, so please call us and we will explain all of our pricing and programs that can fit your budget and your lifestyle!

### **Member Benefits:**

- Automatic enrollment in our fitRewards program!
- Members receive priority when signing up for programs, and also are able to participate in programs at a substantial discount (non-member fees are generally about 50% higher than member fees for programs and services).
- Benefits vary for members depending on the type of membership selected. For instance, all members receive free evaluations in each area of the club they join. Fitness members receive a 60 minute 1 on 1 with one of our Fitness Experts.
- Pool and fitness members may participate in our numerous water fitness classes at no extra charge!
- Fitness members may participate in all of our group exercise classes, including yoga and Pilates, at no extra charge!
- Tennis members may use outdoor courts at no charge and may book courts up to 1 week in advance.

Free special events and programs for families.

## **Fall/Winter/Spring Guest Fees**

A guest is any non-member wishing to use the Club along with a host member. This includes: summer members as guests during the winter or any member wishing to use additional facilities. Please refer to the Club Policy/Member Handbook for guest guidelines.

<b>Guest Type</b>	<b>Adult</b>	<b>Child (3-18)</b>	<b>Senior (60+)</b>
Guest Pass:	\$10.00	\$10.00	\$7.00
Tennis Only:	\$7.00	\$7.00	\$7.00

# Tennis



Whether you are just starting out or are already an advanced player, The West-boro Tennis & Swim Club offers a variety of options for all ages! Our team of tennis pros will take you through a complimentary player evaluation and will recommend the right tennis programs or leagues for your level of play, as well as describe instructional and social programs offered at the club. Our 11 courts, provide you with plenty of indoor and outdoor playing options!

## Court Fees

**INDOOR ADULT COURT FEES** \$38/hr with 7-day advance booking

\$30/hr Early Bird Rate M-F 6am-9am

**INDOOR JUNIOR COURT FEES** \$30/hr with 3-day advance booking

\$20/hr walk-on rate (may book 1 hour in advance, same day)

**CONTRACT TIME:** Members may reserve court time in advance for the same day / same time from September through May. Contact Michael Zatsiorsky (MZ@bostonsportsclubs.com) for more information.

**DEMO RACQUETS:** \$3 per use fee. Demos available at the front desk.

**BALL MACHINE:** FREE (Court fees apply)

**RACQUET STRINGING:** Professional racquet stringing is available. Call for information & pricing.

## Private and Semi-Private Tennis Lessons

<b>PRIVATE LESSON 1 HOUR</b>	<b>MEMBER</b>	<b>NON MEMBER</b>
Head Tennis Pro	\$96	\$144
Asst. Head Pro	\$93	\$139.50
Senior Tennis Pro	\$90	\$135
Asst. Tennis Pro	\$88	\$132
<b>PRIVATE LESSON 30 Minutes</b>	<b>MEMBER</b>	<b>NON MEMBER</b>
Head Tennis Pro	\$53	\$79.50
Asst. Head Pro	\$51.50	\$77.25
Senior Tennis Pro	\$50	\$75
Asst. Tennis Pro	\$49	\$73.50
<b>SEMI-PRIVATE LESSON 1 Hour</b>	<b>MEMBERS ONLY</b>	
Head Tennis Pro	\$101 (\$50.50 each)	
Asst. Head Pro	\$98 (\$49 each)	
Senior Tennis Pro	\$95 (\$47.50)	
Asst. Tennis Pro	\$93 (\$46.50)	

# Junior Tennis Programs



## Junior's Tennis Clinics

Clinic Dates / Length		Member			Non-Member (*)		
		45 Min.	1 Hr.	1.5 Hr.	45 Min.	1Hr.	1.5 Hr.
Session 1 (9/7-10/27)	7 wks	\$189	\$224	\$336	\$227	\$336	\$504
Session 2 (10/28-12/22)	8 wks	\$216	\$256	\$384	\$259	\$384	\$576
Session 3 (1/2-3/15)	10 wks	\$270	\$320	\$480	\$324	\$480	\$720
Session 4 (3/16-6/7)	11 wks	\$297	\$352	\$528	\$356	\$528	\$792

\*Quickstart 1 Hour Pricing for Non-Member for Red and Orange Stage 1 is 269/307/384 /422 for 7/8//10/11 week session.

Actual charged rates are pro-rated for the actual number of classes in each session due to holidays.

**TENNIS REGISTRATION POLICY FOR MEMBERS:** Any member that registers for a tennis clinic will **AUTOMATICALLY** be registered for the same class/time for following session(s) during member registration for each new session. If you do not wish to be automatically registered for additional sessions, you must complete a brief form at the front desk at least two weeks prior to the start of the new tennis session.

Minilobbers Beginner Ages 4 - 6	Tue	3:45-4:30	Students start to develop basic essential skills - handling and swinging racquet, throwing, rolling and catching. Students will focus on basic movements: running, jumping and balance. The main goal of the class is to develop body control using tennis based activities and to have fun!
	Sat	1:15-2:00	
QuickStart Red Stage 1 Ages 6 - 8	Mon	3:30-4:30	Players will be using a 36' court and Red balls. Basic stroke shape will be introduced along with proper movement and recovery. Students will focus on receiving and sending the ball as well as developing overall agility. Players will work together in cooperative activities. Players will be introduced to competitive situations using skill based tasks performed in teams. Students will learn match format and scoring
	Wed	5:30-6:30	
	Fri	3:30-4:30	
	Sat	2:00-3:00	
QuickStart Red Stage 2 Ages 6 - 8	Mon	3:30-4:30	These players are ready to compete on a 36' court. The concept of spinning the ball will be introduced. Students will continue working on developing basic technique and acquiring better directional control of the shots. Students will be encouraged to start match play and tournament play. (Instructor permission required)
	Wed	5:30-6:30	
	Fri	3:30-4:30	
	Sat	2:00-3:00	
QuickStart Orange Stage 1 Ages 9 - 11	Mon	5:30-6:30	Players will be introduced to 60' court and the Orange ball. Student will focus on developing correct swing patterns. Consistency and footwork are emphasized. The concept of spinning the ball will be introduced. Students will learn match format and scoring with Match Play.
	Tue	6:00-7:00	
	Wed	3:30-4:30	
	Thur	3:30-4:30	
QuickStart Orange Stage 2 Ages 9 - 11	Sat	2:00-3:00	Players will be working on developing more consistency using the orange ball and 60' court. More advanced aspects of tennis technique are being covered. Control of spins and direction of the shots are being developed. The basic tennis strategy and play patterns are introduced. Students are encouraged to participate in competitive match play (Instructor permission required)
	Mon	5:30-6:30	
	Tue	6:00-7:00	
	Wed	3:30-4:30	
QuickStart Green Stage 1 Ages 11 - 12	Thur	3:30-4:30	Students will learn basic form and stroke mechanics. The main goal is to establish form and timing of all major shots. Basic footwork will be emphasized as well.
	Sat	4:30-6:00	
	Mon	3:30-4:30	
	Thur	4:00-5:30	
QuickStart Green Stage 2 Ages 12 and under	Sat	4:30-6:00	Students will play on the full 78' court but will primarily use a Green ball. Students will develop more consistency, power and control of spins. Students will work on mixing up pace and spin. To move to the next level, students are expected to play out points using variety of spins and play patterns. Pre-screening is required for signup.
	Mon	4:30-6:00	
	Tue	4:00-5:30	
	Thur	4:00-5:30	
	Sat	3:00-4:30	



## Junior Tennis Programs

### Junior's Tennis Clinics

<b>Older Beginners Ages 13 - 17</b>	Mon	3:30-4:30p	Older Beginners will learn basic form and stroke mechanics. The main goal is to establish form and timing of all major shots. Basic footwork will be emphasized as well. Green balls may be used as appropriate.
	Sat	4:30-6:00p	
	Wed	4:00-5:30p	
	Fri	3:30-4:30p	
	Sun	11:30-1:00p	
<b>Older Intermediates Ages 14 - 17</b>	Mon	4:00-5:30p	Students will develop more consistency and directional control. Students will work on both topspin and under-spin. Singles and doubles strategies will be introduced. The main goal of the class is prepare students to play on Varsity teams. Pre-Screening is required for sign-up.
	Wed	4:00-5:30p	
	Sat	4:30-6:00p	
<b>Junior Aces / Intermediate Ages 11 - 14</b>	Tue	4:30-6:00p	Students will transition to the yellow ball. Students will learn how to generate spins and control power using yellow ball. Significant time will be spent on footwork and court coverage. Doubles strategies will be introduced. To move to the next level, students are expected to play out points using variety of spins and play patterns using yellow ball. Students have to be prescreened to sign-up. <i>Players who have not participated in this class before may only sign up with the permission of the instructor.</i>
	Fri	5:00-6:30p	
	Sat	3:00-4:30p	

### High School Clinics

<b>Junior Varsity Program (Ages 12-14)</b>	Mon	3:30-5:30p	The main goal of the class is to prepare students to play on their Varsity teams. Singles and doubles strategies will be extensively covered. Students will work on adding power to the shots and taking the ball on the rise. Such advanced topics as: half volleys, scissor-kick overheads and others will be also covered.
	Fri	3:30-5:00p	
	Sat	4:30-6:00p	

<b>The Varsity Program</b>	Thurs	3:30 - 5:30p	2 hour clinic designed for the High School Varsity level player who is interested in improving his/her skills and staying tuned-up until the Spring season starts in mid-March.
	Sun	10:00-12:00p	
	Sun	12:00 - 2:00p	
	Sun	2:00 - 4:00p	

Pre-qualification is required for registration, contact Zach O'Leary, [zoleary314@gmail.com](mailto:zoleary314@gmail.com)



## Advanced Juniors & Intensive Tennis

For registration in the Intensive Training Programs 1& 2 and Tournament Prep, contact Head Tennis Pro, Michael Zatsiorsky at michael.zatsiorsky@bostonsportsclubs.com

<p style="text-align: center;"><b>ITP 1</b></p> <p style="text-align: center;"><b>Intensive Tennis Program 1</b></p> <p><b>Fall:</b> 9/7 -12/20 Tuition \$1578</p> <p><b>Winter:</b> 1/2 - 3/14 Tuition \$1130</p> <p><b>Spring:</b> 3/15-6/6 Tuition \$1251</p>	<p>Mon 3:30 - 4:30p</p> <p>Mon 4:30 - 5:30p</p> <p>Wed 4:30 - 6:00p</p> <p>Fri 3:30 - 4:30p</p> <p>Friday 4:30 - 5:30p</p>	<p><b>Objective:</b> For juniors between 6 and 10 years old who are beginner to advanced beginner level. The goal of the program is to build the correct foundation for future improvement and to prepare them to compete in USTA tournaments.</p> <p><b>Content:</b> This program consists of two one hour group lessons a week, one 30-minute private lesson each week. Students will receive extensive stroke work and will learn to apply their strokes to playing situations and will prepare them for match play with Orange and/or Green balls (depending on level).</p>
<p style="text-align: center;"><b>ITP 2</b></p> <p style="text-align: center;"><b>Intensive Tennis Program 2</b></p> <p><b>Fall:</b> 9/7 -12/20 Tuition \$1479</p> <p><b>Winter:</b> 1/2 - 3/15 Tuition \$1020</p> <p><b>Spring:</b> 3/16-6/7 Tuition \$1224</p>	<p>Wed 4:00 - 6:00p</p> <p>Friday 4:30 - 6:30p</p>	<p><b>Objective:</b> This program is for juniors between 9 and 12 years old who are <u>intermediate</u> level players and would like to improve their skills and prepare for the USTA level program.</p> <p><b>Content:</b> This program consists of two 1.5 hour clinics per week emphasizing stroke tactics and match play. It also includes one consultation with a Pro including video analysis of strokes. Pro to student ratio is 1 -4. Green balls will be utilized for training.</p>
<p style="text-align: center;"><b>TTP Prep</b></p> <p style="text-align: center;"><b>Tournament Training</b></p> <p style="text-align: center;"><b>Program Prep</b></p> <p><b>Fall:</b> 9/7-12/20 Tuition \$1479</p> <p><b>Winter:</b> 1/2-3/14 Tuition \$1020</p> <p><b>Spring:</b> 3/15-6/6 Tuition \$1224</p>	<p>Tues &amp; Thu</p> <p>4:30-6:00p</p>	<p>This program is for Juniors between 12 &amp; 13 years old who are transitioning from Green to Yellow Ball tournaments. The main focus is to gain a better knowledge of basic singles and doubles strategies. Yellow balls will be used for training. Coach will travel to at least 1 tournament each session. Each class includes 90 minutes of tennis.</p>



## Junior Tennis Programs

### Tournament Training Program

<b>TTP</b>			<p>This Program is designed to prepare players for competition in Level 6 and up tournaments (depending on age). Players grouped according to UTR and abilities.</p> <p><b>The program will include:</b></p> <ul style="list-style-type: none"> <li>- 4 hours of on-court clinic per week</li> <li>- 1 consultation with one of the instructors and parents to design tournament schedule, chart progress and review video analysis.</li> </ul>
Fall: 9/7 -12/20	Monday		
Tuition \$1972	Tuesday	4:30 - 6:30p	
Winter: 1/2 - 3/14	Wednesday		
Tuition \$1360	Thursday		
Spring: 3/15-6/6			

### Parent/ Child Tournaments

<b>Parent / Child Club Tournament</b>  All Levels  Dec 31	12:00 - 2:00p	\$25.00 per team	Call the Tennis Department or Front Desk for more details.
<b>Parent / Child Quickstart Tournament</b>  Selected Sunday	2:00 – 4:00p	\$25.00 per team	<p>QuickStart Tennis! Adults and kids will play together on mini courts, using low compression tennis balls.</p> <p>TENNIS EXPERIENCE IS NOT NECESSARY. All levels are welcome. If you've never played tennis before, this is the best way to learn.</p>

CONTACT CHRIS ROGISKI AT STRINGERGIRL06@YAHOO.COM to sign up.

### Junior USTA Tournaments

Westboro Tennis & Swim Club hosts various Junior USTA tournaments throughout the year. Check online at [www.NewEngland.usta.com](http://www.NewEngland.usta.com) for tournament dates and times.



## Junior Tennis Play Days

Please contact Michael Zatsiorsky for more information on these Play Days.

QuickStart Red Play Day  \$20/week	Sunday	4:00 - 5:00p	Supervised introduction to match play is open to participants of QuickStart Red Stage 1 and 2, as well as pre-screened players. Priority is given to players who sign up for the whole session. Weekly signups as space permits.
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## Junior Tennis Ladders

Jr. Ladders have a \$25 DROP OFF FEE, contact: Chris Roginski at [stringergirl06@yahoo.com](mailto:stringergirl06@yahoo.com)

<b>Intermediate Junior Ladder</b>  Pre-qualification is required  (USTA Green Balls)	Fri - Sun	Arranged by players	\$15.00* per match  \$5.00 Reg. Fee	For the less experienced player. A one hour match a week will help develop skills learned in lessons and clinics. A player who defends the #1 position on the Intermediate Ladder for 2 consecutive weeks will graduate to the Advanced Junior Ladder. Ladder runs September - May.
<b>Advanced Junior Ladder</b>	Fri - Sun	Arranged by players	\$21.00* per match  \$5.00 Reg. Fee	For the more experienced player. This program offers a competitive 1.5 hour singles match per week. Ladder runs September - May.
<b>Varsity Ladder</b>	Fri - Sun	Arranged by players	\$21.00* per match  \$5.00 Reg. Fee	For players who are currently in high school. 1.5 hour singles match per week. Ladder runs Sept-March.

## Pickleball

Westboro Tennis and Swim Club offers Pickleball! We provide group lessons and private lessons from an IPTPA certified instructor. The club has 4 Pickleball courts that are located in our 2 court tennis bubble.

For days, times, clinics and socials, please contact Karin Houghton with any questions about Pickleball at

[kh.pickleball@gmail.com](mailto:kh.pickleball@gmail.com)

